

Presented in Conjunction with Brockton Farmers Market Opening

JULY 14, 2017

Network with downtown business people while enjoying exercise and a healthy lunch.

*Presented in Partnership
with the Brockton Police Department.*

- 11:45 AM** MEET AT CITY HALL AMPHITHEATRE
- 12:00 PM** 1.86 MILE WALK BEGINS
- 12:20 PM** STOP AT BROCKTON ARTS
FOR BRIEF GALLERY TOUR
- 1:00 PM** WALK ENDS AT CITY HALL FOR
BROCKTON FARMERS MARKET

Please RSVP on Eventbrite:

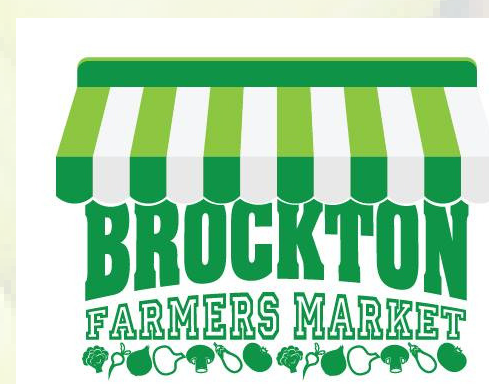
<https://wellnesswalk3.eventbrite.com>

Or contact Alison van Dam:

avandam@metrosouthchamber.com,
(508) 586-0500 x 225.

BROCKTON
WALKS

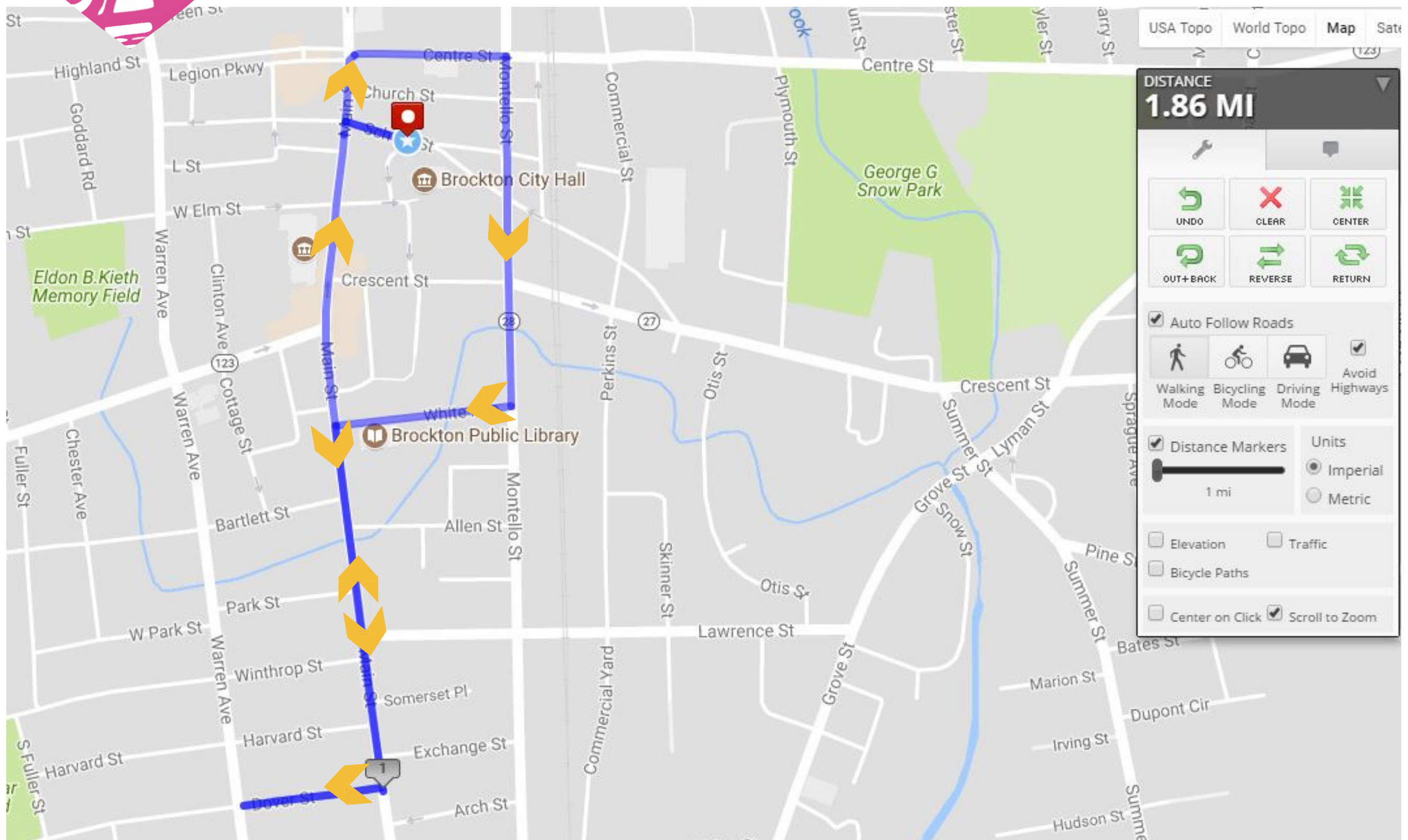
DOWNTOWN
Wellness



www.metrosouthchamber.com/wellness



July 14, 2017 | ROUTE #3



Join us for the next Downtown Brockton Wellness Walk on Friday, July 14, 12:00 pm - 1:00 pm. The purpose of this wellness initiative is to:

- 1) Create healthy, happy, and productive workers and workplaces
- 2) Provide networking opportunities for downtown employees
- 3) Promote downtown businesses and restaurants
- 4) Generate additional foot traffic that may help attract future downtown investment

The 1.86 mile walk, led by the Metro South Chamber of Commerce will start at City Hall, travel down Montello Street and past the Brockton Public Library to Main Street where we will continue to Dover Street. We will take a brief pause to visit the Brockton Arts Gallery before heading back to City Hall Plaza along Main Street.

Participants are encouraged to attend the Grand Opening of the Brockton Farmer's Market upon returning to City Hall. Enjoy fresh produce from local vendors, catering by Lady C&J, samples from the UMass Extension Nutrition Education Program, live entertainment, and more.

To track the walk in real time using gps technology, sign up for a free account at www.mapmywalk.com and add friend: avandam@metrosouthchamber.com.

If you have any questions, contact Alison van Dam, avandam@metrosouthchamber.com, (508) 586-0500 x 225.